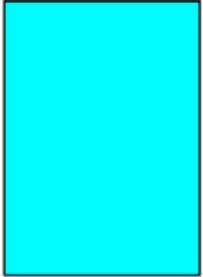
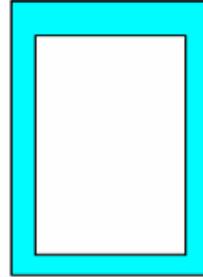
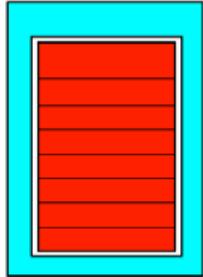
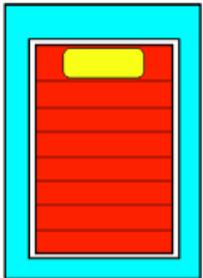
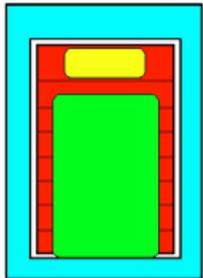
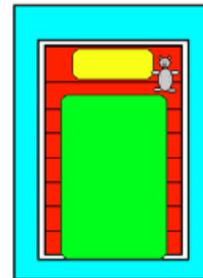
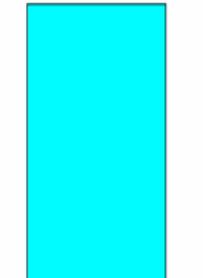
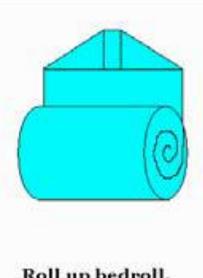
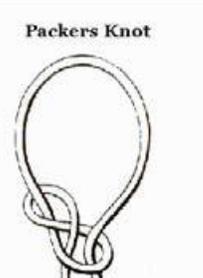
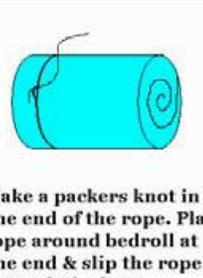
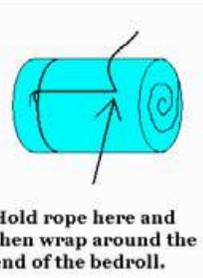
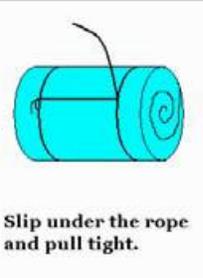
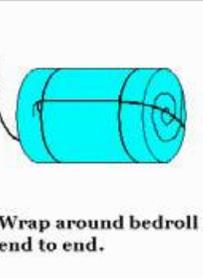
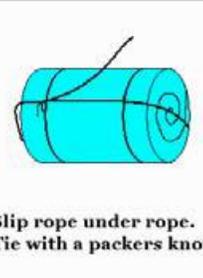
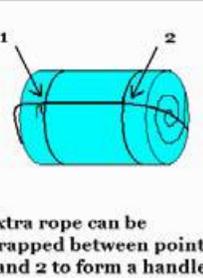


## BEDROLLS One example of how to make a bedroll

<p><b>Supplies:</b></p> <p>Groundsheet</p> <p>Mattress/pad</p> <p>Sleeping bag &amp; pillow</p> <p>Extra blanket</p> <p>Bed buddy</p> <p>5 ft non-slip rope</p>	 <p>Lay out groundsheet.</p>	 <p>Place mattress/pad on ground sheet.</p>	 <p>Place sleeping bag in centre.</p>
 <p>Place pillow on sleeping bag.</p>	 <p>Place extra blanket on sleeping bag.</p>	 <p>Place bed buddy in by the pillow.</p>	 <p>Fold over sides of groundsheet.</p>
 <p>Roll up bedroll.</p>	<p>Packers Knot</p> 	 <p>Make a packers knot in one end of the rope. Place rope around bedroll at one end &amp; slip the rope through the knot. Pull tightly.</p>	 <p>Hold rope here and then wrap around the end of the bedroll.</p>
 <p>Slip under the rope and pull tight.</p>	 <p>Wrap around bedroll end to end.</p>	 <p>Slip rope under rope. Tie with a packers knot.</p>	 <p>Extra rope can be wrapped between point 1 and 2 to form a handle.</p>

## Background

Although the art of tying bedding rolls has been around for a very long time, the information is not passed on, rather re-learned by each new generation. The armed forces teach recruits this valuable life skill, but opportunities for civilians are limited.

When Lord Robert Baden-Powell wrote "Scouting for Boys" in 1908, his ideas included camping activities. Similar ideals were adopted when Lady Olave Baden-Powell introduced the Guiding movement for girls.

Unfortunately, although each boy and girl who goes to scout or guide camp should be taught how to tie a bedding roll, very few of them retain this information. This leaves modern scout and guide leaders in a sticky spot. If you are new to leading a scout or guide unit on camp, the sources for you to gather this information are scant and incomplete. Our quest for this information has led us to create this instruction for you. It may not be textbook, but it works.

## Why bother?

If you are asking this question, you have never had to go to camp in the rain! A properly tied bedding roll will keep all your bedding dry, even surviving being dropped in water. At camp a dry night's sleep is a valuable commodity.

If your sleeping bag has no stuff sack, you roll it as tightly as you can, starting at the foot, and tie it with the attached ties. Some people sew on pieces of elastic and just slip them over the rolled bag.

## What do you need?

Ground Sheet - 6'(180cm) x 4'(120cm) Camping Mat Blankets – to act as insulation to keep you warm  
Sleeping Bag Pillow Night Clothes Strong cord or rope - 3-4 metres long (12' minimum),  
¼" thick minimum

A friend

## Ground Sheet

A ground sheet is any kind of waterproof material. You can buy rubber or heavy gauge plastic or an old shower curtain. It should be a little longer and wider than your unrolled (but zipped up) sleeping bag.

The ground sheet is laid on the ground to protect your sleeping bag, pad and you from ground moisture.

When your sleeping bag is rolled or in its stuff sack, you make it waterproof by wrapping the ground sheet around it and tying it with a rope as illustrated. If you do this properly, your bedroll will remain dry even if out in the rain or if dumped in the river from a canoe. The rope should be sturdy, with the ends whipped.