

BC Trefoil Guild Rendezvous 2018
“Fun & Friendship”

Hosted by Purple Harts Trefoil



Welcome to Rendezvous 2018! A celebration of fun & friendship!

June 1st, 2nd, & 3rd, 2018

Prince George BC

Location: Prince George Conference & Civic Centre

Accommodations: Coast Inn of the North

You are required to book & pay for your own accommodations.

For hotel reservations call toll free 1-800-663-1144

Please let them know you are with Trefoil Rendezvous 2018 or

Group Booking Code CIN-GFC13356

Please book your accommodations by March 15, 2018 to receive the discounted rate.

There are many other accommodations in Prince George, but the Coast Inn of the North has graciously given us a discounted rate for our event. It is also a hop, skip, & a jump from the Prince George Conference & Civic Centre.

Service Project:

The Prince George & District Elizabeth Fry Society Amber House is a transition house for women & children. They provide services for women & children who experience violence or who are leaving an abusive relationship.

The Prince George Hospice House provides compassionate end of life care in a warm home-like atmosphere.

For our service project, we ask that participants bring items that both organizations require on a regular basis...

- *Slippers*
- *Gloves*
- *Deodorant*
- *Hair ties*
- *Hair brushes*
- *Pajamas*
- *Crafts supplies for women and children*
- *Journals/day planners*
- *White towels (face cloths, bath towels, hand towels)*
- *Dish cloths, tea towels, wash cloths*
- *Hot pads for under hot pots*
- *Oven mitts & aprons*
- *Pillow cases*
- *Toiletries (dry shampoo, toothpaste, hand lotion, disposable razors)*
- *Unscented pillar candles*
- *Peanut butter*
- *1-liter tetra packs of apple juice*

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Saturday, June 2nd Program Choices

(Please note that the times include travel to & from the activity. Some of the activities have limited participant numbers, so they will be filled on a first come, first served basis. If your choice is full, we will be in touch.)

Restore & Revive 7:30 – 10:00

\$5.00

Connect with the body, breath and the mind with this gentle 90 minute restorative yoga practice. Learn basic mindfulness tools, bring ease to the body, and leave feeling rejuvenated!

Aquafit @ the Four Seasons Leisure Pool 9:00 – 10:00

\$6.50

Join us for a self-paced cardiovascular Aquafit class in shallow water that concludes with a strength and stretch component.

Cupcake Art 10:30 – 12:00

\$15.00

Fondant Fun with Friends!! Heather will teach us the art of decorating cupcakes using fondant. When you are done, you will have 4 lovely cupcakes to take with you.

Pine Valley Golf 10:00 – 12:00

9 holes \$18 / seniors \$14 – Rentals available on site

Known as “The Best Little Course in the North! “

The Exploration Place Museum & Science Centre 10:30 – 12:30

\$12.00 / 60 + \$10.00

Have your senses enlivened by the displays in this well organized and diverse facility.

Emphasis on wildlife both past and present. Live Science exhibits and much more!

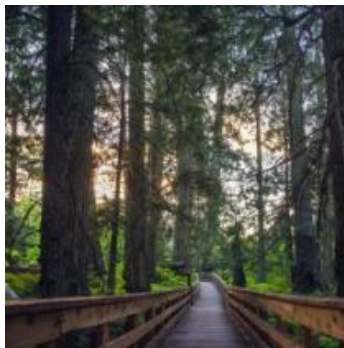
Huble Homestead Historic Site 10:30 – 1:30



\$12.00 includes butter churning, bag lunch, & ice cream

Huble Homestead is a living historic site. Located 40 kms North of Prince George, Huble offers replicas of an original general store, trapper's cabin, blacksmith shop, First Nations fish camp, & much more. Before you leave, make sure to pop by the general store & gift shop for treats to go!

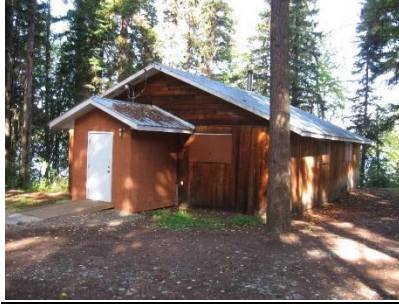
Ancient Forest / Chun T'oh Whudujut Provincial Park 9:30 – 2:00



\$5.00 Bag lunch included

Nature at its grandest! BC's newest Provincial Park, the Ancient Forest is located 115 km East of Prince George. The 450 metre long universal access boardwalk provides the opportunity for people with all abilities to experience this majestic area. Another 2.3 km boardwalk provides access to magnificent trees & a beautiful cascading waterfall.

GGC Nukko Lake Campsite 11:00 – 1:30



\$2.00 Hotdog lunch & campfire included!

Enjoy checking out one of our local Girl Guide Campsites!! Nukko Lake Campsite is located 30 minutes Northwest of Prince George on picturesque Nukko Lake. Let's roast some hotdogs, sing some songs, & make new guiding friends & memories.

Northern Lights Winery Tour & Wine Tasting 10:30 - 12:15

\$12.00



It's your weekend, indulge!

Grapes in Prince George? No, but that doesn't stop us from making awesome wine! Join us for a peek into one of Northern BC's newest secrets - Northern Lights Estate Winery. We will go on a private tour of the winery & top the visit off with a tasting of 4 local wines.

Two Rivers Gallery: Uncork & Unwind 10:00 – 12:00

\$40 includes 1 mimosa / \$35 includes non-alcoholic beverage

Painting Party! Let your inner artist shine!

Aromatherapy 1:00 – 2:00

\$10.00

Spoil yourself with homemade aromatherapy. Learn how to make bath scrubs & salts - a beautiful pampering gift for yourself or someone special.

Two Rivers Gallery: Uncork & Unwind 1:30 – 3:30

\$40 includes 1 glass of wine / \$35 includes non-alcoholic beverage

Bling your Underthings! Join a local burlesque dancer & costuming mistress to turn your underthings into something worthy of a showgirl! Bring your own bra &/or panties to cut, glue, & bling. Expect to do some dancing – this is a party after all!

Participants are able to purchase an additional glass of wine at the event for \$5.00 if they wish.

Nataraja 2:30 – 4:30

\$5.00

Join Atashedel in exploring the cultural art of belly dance, with origins from Europe, Egypt and India. Learn basic movements and play with fun costume pieces, putting them all together in a short choreography. An active & exciting experience!



Crafting 3:00 – 4:30

\$10.00

Fun & Friendship Crafting! This is a great opportunity to visit with your old friends while getting to know your new friends. Create some lovely goodies to take home.

BC Trefoil Guild Rendezvous 2018
Registration & General Event Information

Registration Fee:

\$180.00 plus accommodations & program choices

Registration fee includes Friday snacks, Saturday breakfast, lunch & banquet, Sunday breakfast

Accommodation costs are the responsibility of the participant

Travel to & from the event is the responsibility of the participant

Friday, June 1st Event Registration will take place at the Prince George Conference & Civic Centre between 4:00 & 6:00 pm.

Friday, June 1st there will be a Social at the Prince George Conference & Civic Centre between 7:00 & 9:00 pm.

Saturday's Banquet is semi – formal. Cocktail hour will begin at 5:30 pm.

For those that are not able to join us for the event, but would like to participate in the Saturday evening banquet, the fee is \$60.00.

Non – refundable deadline is March 15, 2018

What to Return: Registration form

Cheque for registration & program fees

Questions or concerns:

Please e-mail Lorraine at ld_adams@telus.net

BC Trefoil Guild Rendezvous 2018

June 1st – 3rd, 2018

Name _____ IMIS _____

Address _____ City _____

Postal Code _____ Phone _____ Cell _____

E-mail _____

Trefoil Guild Name _____

Emergency Contact _____ Phone # _____

Dietary Concerns _____

Mobility Aid Concerns _____

I am traveling to Prince George via _____

Expected time of arrival in Prince George _____

*** Transportation to & from the bus depot & airport can be arranged.*

Registration Fees:

Full Rendezvous Weekend \$180.00 _____

Saturday evening Banquet only \$60.00 _____

Activities

1. Restore & Revive \$5.00 _____

2. Aquafit \$6.50 _____

3. Cupcake Art \$15.00 _____

4. Pine Valley Golf \$18 / \$14 _____

5. The Exploration Place Museum \$12 / \$10 _____

6. Huble Homestead \$12.00 _____

7. Ancient Forest \$5.00 _____

8. Nukko Lake Campsite \$2.00 _____

9. Northern Lights Winery	\$12.00	_____
10. Two River Gallery Painting	\$40 / \$35	_____
11. Aromatherapy	\$10.00	_____
12. Two Rivers Gallery Underthings	\$40 / \$35	_____
13. Nataraja	\$5.00	_____
14. Crafting	\$10.00	_____
	<i>Total:</i>	_____

*** Cheques should be made payable to GGC Trefoil Rendezvous 2018*

*** Mail Registration form & cheque to*

Lorraine Adams

6899 Langer Crescent

Prince George BC

V2K 2N5



The ladies of the Purple Hearts Trefoil look forward to welcoming you to Prince George!

Please Note:

Members must carry an H.2 form at all times.